



# WELSH BACCALAUREATE SKILLS CHALLENGE CERTIFICATE National/Foundation

## Community Challenge RNIB - Coaching

# R N I B



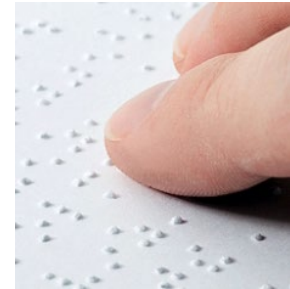
**Available for assessment from April 2018**

## PURPOSE

The purpose of the Community Challenge is to develop learners' skills, whilst encouraging learners to identify, develop and participate in opportunities that will benefit the community. During the Community Challenge learners will explicitly develop skills of **Planning and Organisation** and **Personal Effectiveness** and apply them in an appropriate manner.

## BRIEF

The **Royal National Institute of Blind People (RNIB)**, is the UK's leading charity supporting blind and partially sighted people. There are almost two million people in the UK living with sight loss; a figure estimated to double by 2050. Every day, 250 people start losing their sight, which will change their life completely. **RNIB** offers practical and emotional support to those experiencing sight loss, so they can continue living life to the full.



As an individual or a member of a team (3 – 6 members), you're invited to coach others about the issue of sight loss – how it affects people, and how they can be supported. As part of this, you'll be highlighting the impact of braille, a code of letters made up of raised dots that can be read by touch.

To complete this challenge, you will plan and organise how you will spend **10 hours** running coaching sessions for younger students at your school, or at a local primary school. In preparation you should consider how you can develop and extend your knowledge and understanding of the issue of sight loss and the impact of braille, in order to help you develop activities to **inform and educate younger people** about this topic.

Coaching structure could be:

- a) Preparation for coaching sessions (2 hours maximum)
- b) Coaching sessions (8 hours)
- c) Feedback

Example of coaching activities:

- a) Preparation of worksheets and area of work
- b) Coaching sessions to include a variety of activities
- c) Provide feedback on how participants can improve and progress

You should keep a record of when, where and how you have delivered this training. On completion of the activity you will evaluate your performance in leading this training, considering what went well and how you might improve.

## **Resources & further information**

Order a free [Braille alphabet card](#) to help you deliver your sessions.

Use the [RNIB website](#), such as the '[Why is braille important?](#)' page.

Visit the [World Sight Day website](#). How is sight loss a global issue? How does it link to the [Global Goals for Sustainable Development](#)?

## **Contact details**

Fundraising Enquiry Line

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