



WELSH BACCALAUREATE SKILLS CHALLENGE CERTIFICATE National/Foundation

Community Challenge Coaching - Understanding and Preventing Homelessness



Available for assessment from January 2020



Understanding and Preventing Homelessness



PURPOSE

The purpose of the Community Challenge is to develop learners' skills, whilst encouraging learners to identify, develop and participate in opportunities that will benefit the community. During the Community Challenge learners will explicitly develop skills of **Planning and Organisation** and **Personal Effectiveness** and apply them in an appropriate manner.

BRIEF

We believe a home is a fundamental right and essential to the health and well-being of people and communities but unfortunately homelessness in Wales is increasing. In 2018/19 11,715 households became homeless which was an increase of 3.9% on the previous year. Of those 3,117 were young people aged 16-24.

Many people think that being homeless means sleeping rough on the streets but as you see from this infographic this is only one form of homelessness and is only the tip of the iceberg. There are many more living in temporary accommodation, with more again as hidden homeless either sofa surfing, living in hostels or otherwise living without a home and even more are at risk of becoming homeless.



The reasons behind homelessness are varied and complex and there are many organisations who work tirelessly to try to prevent homelessness and to make life better for those who are experiencing homelessness.

In this challenge we would like you to help us to educate people in your community on what is homelessness, the reasons why people become homeless, the work of various housing and homelessness organisations as well as ways you can help in your community. The organisations involved with this challenge can provide you with all the information that you will need to create your activities as well as provide you with fundraising and volunteering opportunities.

As an individual or a member of a team (3 – 6 members) you must spend **10 hours** running **coaching** sessions for a group or individuals in your school or local community. You must develop activities to **inform and educate others** on **understanding and preventing homelessness**. In preparation you must consider how you can develop and extend your knowledge and understanding of the topic area. You must plan and organise how you will carry out **10 hours** actively coaching the community.

Coaching structure could be:

- a) Preparation for coaching sessions (2 hours maximum)
- b) Coaching sessions (8 hours)
- c) Feedback

Example of coaching activities:

- a) Preparation of worksheets and activities on **understanding and preventing homelessness**
- b) Coaching sessions to include a variety of activities
- c) Receive feedback from participants about the sessions. Provide feedback to organisations about how many were educated in **understanding and preventing homelessness**.

In completing the Community Challenge you will be able to recognise the contributions you can make towards improving the community in which you live and the benefits this will have for yourself and for others. You will demonstrate how you can create and manage an action plan when developing opportunities for the community and with the use of feedback can reflect and review your personal performance in planning and carrying out the activity.

RESOURCES

We ask that all students who are interested in completing this challenge to contact the Education Development Officer at Shelter Cymru to register your interest education@sheltercymru.org.uk. We can then discuss your ideas for the challenge and how all the organisations can help.

CONTACT

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Pembrokeshire Youth Service

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Shelter Cymru

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The Wallich

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Wrexham Youth Homelessness Prevention Service

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