



WELSH BACCALAUREATE SKILLS CHALLENGE CERTIFICATE National/Foundation

Community Challenge - Coaching Personal Safety Awareness



RESOLVEit[™]
EVERYONE HAS THE RIGHT TO **FEEL SAFE**

Available for assessment from September 2021

PERSONAL SAFETY AWARENESS

PURPOSE

The purpose of the Community Challenge is to develop learners' skills, whilst encouraging learners to identify, develop and participate in opportunities that will benefit the community. During the Community Challenge learners will explicitly develop skills of **Planning and Organisation** and **Personal Effectiveness** and apply them in an appropriate manner.

BRIEF

At **RESOLVEit**, we believe everyone, however young or old, has the right to feel safe and be safe at all times. We all need to be more aware of our own personal safety and the challenges we may meet on a personal level, in our local community and at school.

As part of this Challenge, you will become a **RESOLVEit Safety Hero**. You will be trained to deliver our key messages linked with staying safe – awareness, avoidance, dialogue and action.

As an individual or a member of a team (3 – 6 members) you must spend **10 hours** running **coaching** sessions in your school or local community. Using your **RESOLVEit** training, you must develop activities to **inform and educate others** in how to **be and stay safe**. You must plan and organise how you will carry out **10 hours** actively coaching the community.



Coaching structure could be:

- Preparation for coaching sessions (2 hours maximum)
- Coaching sessions (8 hours)
- Feedback

Example of coaching activities:

- Preparation of worksheets and activities on **being safe and staying safe**
- Coaching sessions to include a variety of activities
- Receive feedback from participants about the sessions. Provide feedback to **RESOLVEit** about how many were educated in the 4 key messages.

In completing the Community Challenge, you will be able to recognise the contributions you can make towards improving the community in which you live and the benefits this will have for yourself and for others. You will demonstrate how you can create and manage an action plan when developing opportunities for the community and with the use of feedback can reflect and review your personal performance in planning and carrying out the activity.

Resources: We ask that all students who are interested in completing this Challenge contact **RESOLVEit** to register your interest enquiries@resolveitcic.co.uk.