



WELSH BACCALAUREATE SKILLS CHALLENGE CERTIFICATE

National/Foundation

Community Challenge

Supporting a Charity/Organisation
(Muscular Dystrophy UK – Music for
Muscles)

**Muscular
Dystrophy UK**

Fighting muscle-wasting conditions



Available for assessment from January 2018

Muscular Dystrophy UK – Music for Muscles

PURPOSE

The purpose of the Community Challenge is to develop learners' skills, whilst encouraging learners to identify, develop and participate in opportunities that will benefit the community. During the Community Challenge learners will explicitly develop skills of **Planning and Organisation** and **Personal Effectiveness** and apply them in an appropriate manner.

BRIEF

Around 3,000 people in Wales are affected by a form of muscular dystrophy. There are over 60 different types of muscular dystrophy, ranging in severity and the areas of the body that are affected. Almost all people affected will have some loss of muscle function, and this could in turn affect their mobility, making them reliant on walking aids or wheelchairs.

Muscular Dystrophy UK is the charity that supports people affected by all different types of muscle wasting condition.

Since 1959, **Muscular Dystrophy UK** has been supporting families living with muscle-wasting conditions. We provide vital information, advice, resources and support for people with these conditions, their families and the professionals who work with them.



There are many ways that people can support the charity, but one which is particularly successful is music events. A **Music for Muscles concert** can take place in schools, churches, concert halls and community centres or anywhere an audience can be attracted.

As an Individual or a member of a team (minimum of 3 – maximum of 6 per team) you are invited to contribute to a **Music for Muscles concert**. During the Challenge you will focus on developing your understanding of the work of **Muscular Dystrophy UK** and plan and organise your teams performance at a **Music for Muscles concert**:

- a) Promote the message of **Muscular Dystrophy UK** within school/local community (maximum of 2 hours)
- b) Organise and carryout a number of fundraising practice performances for small audiences in preparation for the main concert (6 hours)
- c) Perform in a **Music for Muscles concert** with other teams (2 hour)

This Challenge will enable you to develop as effective and responsible members of your local community. With the use of feedback from audiences you can reflect and review your performance.

RESOURCES

To register for this Challenge and receive your Music for Muscles resource pack please email schools@muscular dystrophyuk.org